

Superfood Shake Mocha

Nutrition Facts

14 servings per container
Serving size 2 scoops (61g)

Amount per serving
Calories 240

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 3g	
Cholesterol 50mg	17%
Sodium 265mg	12%
Total Carbohydrate 24g	9%
Dietary Fiber 8g	29%
Total Sugars 10g	
Includes 5g Added Sugars	10%
Protein 24g	48%
Vit. D 10mcg 50%	• Calcium 370mg 30%
Iron 1mg 6%	• Potas. 360mg 8%
Vit. A 450mcg RAE 50%	• Vit. C 36mg 40%
Vit. E 6.7mg 45%	• Thiamin 0.7mg 60%
Riboflavin 0.9mg 70%	• Niacin 7.2mg 45%
Vit. B6 1.2mg 20%	• Vit. B12 5mcg 210%
Vit. B9 264mcg DFE 50% (120mcg folic acid)	• Biotin 14mcg 45%
Pantothenic Acid 2mg 40%	• Phosphorus 250mg 20%
Iodine 60mcg 40%	• Magnesium 160mg 40%
Zinc 5mg 45%	• Selenium 22mcg 40%
Copper 0.45mg 50%	• Manganese 1.2mg 50%
Chromium 28mcg 80%	• Molybdenum 27mcg 60%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Exclusive Myo-IsaLean® Complex [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], digestion-resistant maltodextrin, sunflower oil powder, fructose, natural flavors, cocoa powder, cellulose, xanthan gum, coconut oil powder, chia seed powder, medium-chain triglyceride oil powder, coffee, Ionic Alfalfa™ (*Medicago sativa*) stem and leaf extract, magnesium oxide, tricalcium phosphate, potassium citrate, sea salt, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], stevia (*Stevia rebaudiana*) leaf extract, vitamin C (ascorbic acid), magnesium stearate, silicon dioxide, molybdenum yeast, manganese gluconate, vitamin E succinate, potassium iodide, niacinamide, zinc oxide, vitamin A (beta carotene), vitamin D3 (cholecalciferol), copper gluconate, chromium chloride, sodium selenite, vitamin B5 (d-calcium pantothenate), biotin, vitamin B6 (pyridoxine HCl), *Lactobacillus acidophilus*, vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), vitamin B12 (cyanocobalamin), folic acid, methylfolate (L-5-methylfolate calcium)

Contains milk & tree nut (coconut) ingredients.

SOY FREE	GLUTEN FREE	LOW GLYCEMIC
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